



BRING ON THE *Spice!*

The Eat Happy Kitchen family grows! Choose from BBQ Dust, Taco Seasoning, or Dill Seasoning. Each of our spice blends are organic and crafted in small batches to deliver authentic taste to your recipes each and every time. All without any added sugars, gluten, or fillers.

If you've been looking for that secret ingredient...look no more. We packaged it.



- NO SUGAR ADDED, NO GLUTEN, NO GMOS
- MADE WITH ORGANIC INGREDIENTS
- KETO- AND PALEO-FRIENDLY
- SMALL-BATCH GOODNESS
- 24-MONTH SHELF LIFE



For details or inquiries, please contact
info@eathappykitchen.com

EAT HAPPY
KITCHEN®

EAT HAPPY KITCHEN

- THREE AUTHENTIC FLAVORS TO CHOOSE FROM -



The Dill Organic Ranch Seasoning is a party in a bowl. Turn it into the centerpiece dip at your next soiree, or thin it out with milk to make it into a creamy dressing. Add the seasoning to chicken and fish before grilling, or sprinkle over steamed or roasted veggies for unrivaled flavor.

INGREDIENTS: Sea Salt, Organic Onion, Organic Garlic, Organic Black Pepper, Organic Dill Weed



Smoky, savory, with a kick at the end, the Eat Happy Kitchen Organic BBQ Dust is designed to work with the fire of your grill to bring the flavor of meats, fish, and veggies to life. Sprinkle liberally over brisket, ribs, steaks, fish, chicken, chops, and veggies and then cook to tasty perfection.

INGREDIENTS: Sea Salt, Organic Onion, Organic Garlic, Organic Smoked Paprika, Organic Black Pepper



Our Organic Taco Seasoning is the recipe Anna has been making in her kitchen for over 25 years, and now, all the blending of savory, earthy, and spicy is done for you! Use this mix on ground meat, roasts, eggs, dips, and more for a perfectly balanced taco seasoning flavor with a bit of warmth at the end.

INGREDIENTS: Sea Salt, Organic Paprika, Organic Cumin, Organic Chili Pepper, Organic Smoked Paprika, Organic Black Pepper, Organic Garlic, Organic Onion, Organic Oregano



CASE SPECIFICATIONS | 6 Canisters Per Case | 6"x9"x3" Overall Dimensions | 1.5 lbs | 24-Month Shelf Life

ABOUT EAT HAPPY KITCHEN

Eat Happy Kitchen is a product of my bestselling Eat Happy series of cookbooks. Through my recipes and hugely popular podcast, I've spent 9+ years getting people back into the kitchen to take control of what they put in their bodies.

I've helped hundreds of thousands of people to lose weight, manage chronic illness, and wean off their medications. My audience is a low-carb army, hungry for no-sugar-added convenience. They're ready to head to grocery stores to stock up on Eat Happy Kitchen sauces and spices!

- Anna Vocino

To learn more, please reach out to my team at info@eathappykitchen.com.

www.eathappykitchen.com

Anna's best-selling
Eat Happy cookbooks!

